



Oakham Primary School

Darby's Hill Road, Tividale, Oldbury, West Midlands, B69 1SG

Head Teacher: Mr N.Skett

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Friday 28th November 2025

Dear Parents and Carers,

Year Five – Puberty Session with Sandwell School Nursing Team

On Monday 1st December, all pupils in Year Five will be participating in a Puberty Workshop with members of the School Nursing Team and Oakham staff.

The Nursing Team will be using a PowerPoint Presentation 'Puberty: Growing & Changing' that follows our PSHE and RHE policies and curriculum.

Our school PHSE and RHE curriculum content is available on our school website, should you wish to view the vocabulary and curriculum in advance of this session:

<https://primarysite-prod-sorted.s3.amazonaws.com/oakham-primary-school/UploadedDocument/2e9d9cfb-c196-4333-a836-86dfa112c653/pshe-policy-november-2021.pdf>

The teaching of Puberty is a statutory aspect of the Health Education element of the Primary National Curriculum. The session is delivered to both genders together, with the children receiving factual information about the changes our bodies go through.

However, please note, that in accordance with Oakham's school policy, this session only covers physical and emotional changes during puberty and is NOT a sex education session.

Kind regards,

Mr N. Skett

Head Teacher

