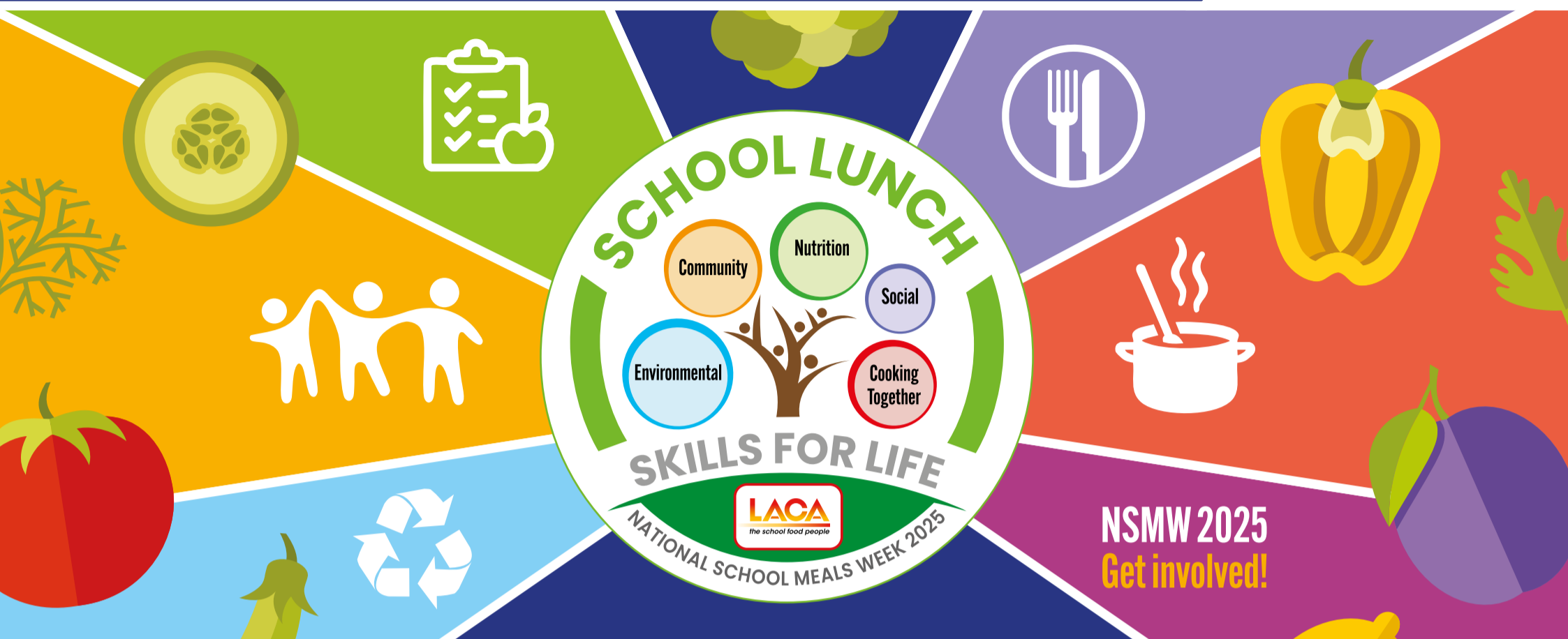


GET INVOLVED!



NSMW 2025
Get involved!

SCHOOL LUNCH SKILLS FOR LIFE

Staying for a school lunch is about more than just a meal on a plate!

We aim to teach important **life skills** to students and give them **tools and knowledge** to grow up **strong, healthy** and have the **energy to learn** and **thrive** in the classroom.



Cooking together: Getting children enthused about cooking, recipes from Caterers across the UK to download and try at home. A week to showcase LACA's Apprenticeship scheme to attract secondary school students enthused about a career in catering.



Nutrition: Educating children with what a balanced meal looks like, giving them skills to make the right choice at mealtimes and snack time. An educational activity sheet that teachers could use in class and children will enjoy completing.



Community: Using local seasonal produce and supporting local businesses and employment. The local Roast Lunch...



Environmental: Encouraging young people to become Eco warriors and how to make a difference to the planet. Schools can monitor waste during the week and encourage recycling.



Social: The importance of eating together, learning how to use a knife and fork, being sociable and kind. A day to invite VIPS and showcase the best of school meals, and to be kind to others.

Let everyone know about your plans and promotions, keep the social media campaign going, use the following...

@nationalschoolmealsweek

@NSMW @LACA_UK

#nationalschoolmealsweek #laca_uk



SCAN HERE to find out how you can **GET INVOLVED** and download our **RESOURCES!**