

Oakham Primary RSE Whole School Overview

Year Group	Programmes of Study	Learning Intentions	Learning Outcomes	Titles	Vocabulary
Reception	<p><u>Relationships Education</u> Families and people who care for me (1a) Caring friendships (2a,2c,2d) Relationships Education Caring friendships (2d) Respectful relationships (3a) <u>Health Education</u> Mental wellbeing (6b,6c,6g)</p>	<ul style="list-style-type: none"> To recognise the importance of friendship. To recognise the importance of saying sorry and forgiveness. To recognise that all families are different. 	<ul style="list-style-type: none"> Know that friendships can make us feel happy Know some ways that we can make new friends feel welcome. Know that arguing with friends and then making up can make friendships stronger. That resorting to violence is never right. Identify different members of the family. Understand how members of a family can help each other. 	Caring Friendships Being Kind Families	Friendship, kindness, happy, sad, shy, feelings, lonely, angry, family, mum, dad, brother, sister, grandma, grand dad, stepmum, stepdad, foster mum, foster dad.
Year 1	<p><u>Relationships Education</u> Respectful relationships (3a,3e) Families and people who care for me (1a,1b,1c,1d,1f) Caring friendships (2e) Being Safe (5d,5e) <u>Healthy Education</u> Mental wellbeing (6b,6c) <u>Key Stage 1 Science</u> Identify, name, draw and label the basic parts of the human body</p>	<ul style="list-style-type: none"> To understand that we are all different but can still be friends. To discuss how children grow and change. To explore different types of families and who to ask for help. To identify who can help when families make us feel unhappy or unsafe. 	<ul style="list-style-type: none"> Know that we can be friends with people who are different to us. Understand that babies need care and support. Know that older children can do more by themselves. Know there are different types of families. Know which people we can ask for help. 	Different Friends Growing and Changing Families and Care	Friends, feelings, similar, different, family, boy, girl, male, female, private parts, penis, vulva.
Year 2	<p><u>Relationships Education</u> Respectful relationships (3a,3g) <u>Key Stage 1 Science</u> Identify, name, draw and label the basic parts of the human body Notice that animals, including humans, have offspring that grow into adults</p>	<ul style="list-style-type: none"> To introduce the concept of gender stereotypes. To identify differences between males and females. To explore some of the differences between males and females and to understand how this is part of the lifecycle. To focus on sexual difference and name body parts. 	<ul style="list-style-type: none"> Understand that some people have fixed ideas about what boys and girls can do. Describe the difference between male and female babies. Describe some differences between male and female animals. Understand that making a new life needs a male and a female. Describe the physical differences between males and females. Name the different body part. 	Differences Male and Female Animals Naming Body Parts	Similar, different, sex, gender roles, stereotypes, boy, girl, male, female, private parts, penis, testicles, vulva.
Year 3	<p><u>Relationships Education</u> Respectful relationships (3a, 3b, 3d, 3f) Caring friendships (2e)</p>	<ul style="list-style-type: none"> To identify that people are unique and to respect those differences. To explore the differences between male and female bodies. 	<ul style="list-style-type: none"> Know and respect the body differences between ourselves and others. Name male and female body parts using agreed words. 	Body Differences Personal Space Help and Support	Stereotypes, gender roles, similar, different, male, female, private parts, penis, testicles,

	Being safe (5a,5b,5c,5d,5f,5g, 5h) Families and people who care for me (1a,1b,1c,1d,1f,)	<ul style="list-style-type: none"> To consider appropriate and inappropriate physical contact and consent. To explore different types of families and who to go to for help and support. 	<ul style="list-style-type: none"> Understand that each person's body belongs to them. Understand personal space and unwanted touch. Understand that all families are different and have different family members. Identify who to go to for help and support. 		vulva, vagina, uterus, family, fostering, adoption, relationship.
Year 4	<u>Health Education</u> Changing adolescent body (8a) Mental wellbeing (6a,6b,6c,6d,6f) Menstruation (9a) Key Stage 2 Science - describe the life process of reproduction in some plants and animals - describe the changes as humans develop to old age <u>Relationships Education</u> Caring friendships (2b,2c,2d,2e) Respectful relationships (3a,3b,3d,3e,3f,3h) Online relationships (4b,4d)	<ul style="list-style-type: none"> To explore the human lifecycle. To identify some basic facts about puberty. To explore how puberty is linked to reproduction. To explore respect in a range of relationships. To discuss the characteristics of healthy relationships. 	<ul style="list-style-type: none"> Understand that puberty is an important stage in the human lifecycle. Know some changes that happen during puberty. Know about the physical and emotional changes that happen in puberty. Understand that children change into adults to be able to reproduce if they choose to. Know that respect is important in all relationships including online. Explain how friendships can make people feel unhappy or uncomfortable. 	Changes What is Puberty? Healthy Relationships	Puberty, lifecycle, reproduction, physical, breasts, sperm, egg, pubic hair, emotional, feelings.
Year 5	<u>Health Education</u> Mental wellbeing (6a,6b,6c, 6d,6e,6f,) Changing adolescent body (8a,8b) Menstruation (9a)	<ul style="list-style-type: none"> To explore the emotional and physical changes occurring in puberty. To understand male and female puberty changes in more detail. To explore the impact of puberty on the body and the importance of physical hygiene. To explore ways to get support during puberty. 	<ul style="list-style-type: none"> Explain the main physical and emotional changes that happen during puberty. Ask questions about puberty with confidence. Understand how puberty affects the reproductive organs. Describe what happens during menstruation and sperm production. Explain how to keep clean during puberty. Explain how emotions/relationships change during puberty. Know how to get help and support during puberty. 	Talking About Puberty The Reproductive System Puberty Help and Support	Puberty, physical changes, emotional changes, moods, menstruation, periods, tampons, sanitary towels, wet dreams, semen, erection, sweat, breasts, spots, pubic hair, facial hair, underarm hair, sexual feelings.
Year 6	<u>Health Education</u> Mental wellbeing (6c,6d,6f,6g,6h,6i,6j) Changing Adolescent body (8a,8b) <u>Relationships Education</u>	<ul style="list-style-type: none"> To consider puberty and reproduction. Exploring the importance of communication and respect in relationships. 	<ul style="list-style-type: none"> Describe how and why the body changes during puberty in preparation for reproduction. Talk about puberty and reproduction with confidence. 	Puberty and Reproduction Communication in Relationships	Womb, sperm egg, conception, fertilisation, pregnancy, twins, fostering, adoption, relationship,

	<p>Families and people who care for us (1a,1b, 1d, 1f) Caring friendships (2a,2b,2c) Respectful relationships 3b,3d,3h) Being safe (5a,5b,5c,5d,5e, 5g) Online relationships (4a,4b,4c,4d,4e) <u>Key Stage 2 Science</u> recognise that living things produce offspring of the same kind, but normally offspring vary and are not identical to parents</p>	<ul style="list-style-type: none"> • To explore positive and negative ways of communicating in a relationship. 	<ul style="list-style-type: none"> • Explain differences between healthy and unhealthy relationships. • Know that communication and permission seeking are important. • To have considered when it is appropriate to share personal/private information in a relationship. • To know how and where to get support if an online relationship goes wrong. 	<p>Online Relationships</p>	<p>friendship, love, consent, communication, personal/private information, internet safety.</p>
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